

Northern Virginia Volksmarchers
MEMBERSHIP APPLICATION

Please complete this form and send it with a check to the address listed at the bottom. Thanks.

Name:
Street Address:
City, ST Zip+4
Home Phone:
Work Phone:
E-Mail:
Spouse's Name:
Children's Name(s):

I hereby make application for membership in the Northern Virginia Volksmarchers and agree to conform to the bylaws and any amendments thereof and with rules and regulations of the AVA in the IVV.

Signature

Date

Sharing the work of sponsoring an event will add to your volksmarching enjoyment. Please designate activities with which you would be most interested in helping.

- | | | |
|--------------------------------------|---------------------------------------|---|
| <input type="checkbox"/> Membership | <input type="checkbox"/> Newsletter | <input type="checkbox"/> Special activities |
| <input type="checkbox"/> Trails | <input type="checkbox"/> Brochures | <input type="checkbox"/> Awards |
| <input type="checkbox"/> Publicity | <input type="checkbox"/> Registration | <input type="checkbox"/> Sales |
| <input type="checkbox"/> Checkpoints | <input type="checkbox"/> Concessions | <input type="checkbox"/> Wherever needed |

Dues are \$ 10.00 for an individual or family membership from July 1 to June 30. New memberships are pro-rated from September to May at a rate of \$1 per month until the following June. You may pay for two years of membership if you wish

Please make your check payable to
Northern Virginia Volksmarchers, and mail it with this form to:
 NVV Membership
 P.O. Box 7096
 Fairfax Station, VA 22039-7096

NORTHERN VIRGINIA VOLKSMARCHERS

2017
YEAR-ROUND /
SEASONAL EVENTS



*Enjoy Nine Great Walks
 in Northern Virginia and West Virginia!*



- Alexandria (Old Town)
- Alexandria (Dyke Marsh)
- Burke Centre
- Burke Centre 6 Ponds Walk
- Fairfax City
- Reston
- Springfield (South Run)
- Vienna
- Buckhannon, WV

**Explore new places,
 have fun while you
 exercise, and meet
 interesting people.**

**Specific information for the
 above events can be found at
 our Club Web site below.**

The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), sanctions these events.



For more information about the Northern Virginia Volksmarchers, consult the NVV Web site at: <http://scenicroutes.us/nvv> or send a letter requesting information to:
NVV
P.O. Box 7096
Fairfax Station, VA 22039-7096



What are Year-Round Events?

The Year-Round Events (YREs) described in this leaflet are designed to provide individuals with an opportunity to walk almost any day of the year on a day that best suits their schedules.

To participate in a YRE, a walker goes to the start point location and obtains the Walk Box. The materials needed to walk are contained in these plastic file boxes. If you have trouble finding the box, ask the establishment staff if they can help you find the "walk box," but don't expect them to assist you in registering for the event.

As you follow the instructions for the walk, you will be asked a question at a checkpoint. Write the answer to the question on your start card. At the end of your walk, return to the start point, find the box, and complete the remaining steps on the instruction sheet.

Individuals may participate for free, but if they want to participate in the international awards program they pay to obtain credit. It may be slightly higher if they want a special award. Credit is recorded by using an event stamp in an event, distance and/or special program book. These books may be purchased at regular events or by mail from our club. When sufficient credit stamps are recorded, participants send them to the American Volkssport Association to have their progress recorded and receive a certificate, hat pin, or patch at no additional cost. There is no time limit for completing the event and distance books.

GENERAL INFORMATION

The following statements apply to all of the year-round events sponsored by the Northern Virginia Volksmarchers.

REGISTRATION: You register for each event by completing the start card and signing the registration book and waiver at the starting point location. Each person must register, sign the waiver, and obtain a start card in order to participate. Start cards must be validated at checkpoints and turned in at the finish.

ELIGIBILITY: Everyone is welcome. Participants may walk, jog, or run. Children aged 11 and under must be accompanied by an adult. Participants who register for these events accept the guidelines for AVA-sanctioned events and agree to observe the principles of good sportsmanship.

STIPULATIONS: Littering is not permitted. Dogs are allowed on the trail but not inside buildings. Dogs must be kept under control on a leash, and you must clean up after them. Walking is permitted only during daylight hours.

DISCLAIMER: The American Volkssport Association or its Subsidiary clubs are not responsible for theft or loss of personal belongings or property. Every effort will be made by the sponsors to make this a safe, enjoyable, and memorable event.

Enjoy the Walks ... and Join the Club!

Volksmarchs provide you with an opportunity to explore new places, to stay active and healthy, and to meet new people. At traditional walks, collect brochures of upcoming events or go to the information sources listed in this leaflet for the Northern Virginia Volksmarchers (NVV) or the American Volkssport Association (AVA).

We welcome new members or interested individuals at our walks. It is NOT necessary to join a club to participate in an event. Our club, the NVV, began in 1983 in Burke, Virginia. In the three decades since our establishment, NVV has sponsored more than 200 weekend or evening walks and now offers at least three weekend events each year. We also sponsor the year and Seasonal Events described in this Flyer.

The club functions through voluntary contributions of dozens of people. Members pay an annual family membership fee of \$10 and receive an electronic copy of the monthly newsletter which includes information about club walks, other events in the region, and reviews of memorable walks that members have recently completed.

We hold meetings seven times a year at Daniels Run Elementary School, 3705 Old Lee Highway, Fairfax City. See our website <http://scenicroutes.us/nvv> for specific dates. Meetings generally last about an hour.

We can always use help in designing awards; laying out trails; selling club patches, pin, or shirts; or working at registration tables.

To sign up, complete the form in this leaflet and mail it to the club. If you need more information, contact, NVV President Pat Hyland at 703-971-6468 or pathyland@verizon.net. You may also obtain information from the contact listed for each walk in this leaflet. Inquiries may also be sent to NVV, P.O. Box 7096, Fairfax Station, VA 22039-7096.



For more information about volksmarching, consult the American Volkssport Association Web site at: <http://www.ava.org>

or send a letter requesting information to:

**AVA, 1001 Pat Booker Rd., Suite 101,
Universal City TX 78148-4147**